



SAILING COACH ACTION PLAN 2010/2011

Introduction

The purpose of the Coach Action Plan for sailing is to identify key areas of coach education, and allocate the relevant funding to each of them. There is a need for each club in the Highland area to have access to qualified dinghy and powerboat instructors, as well as access to experienced and qualified racing coaches. This will allow for continued club development, and increased opportunities for sailing activity.

Clubs in the Highland Area	
Loch Morlich S.C.	Loch Broom S.C.
Nairn S.C.	Lairg S.C.
Plockton S.B.S.C.	Chanonry S.C.
Lochcarron S.C.	Pentland Firth Y.C.
Cromarty S.C.	Gairloch S.C.
Skye S.C.	Lochaber Y.C.
Invergordon B.C.	Sutherland S.B.C.

Criteria for Funding

Instructors and potential instructors across disciplines who are based in clubs, who commit to delivering two years of training within their clubs, and who can clearly demonstrate the benefits of accessing funding to support their personal development.

Funding available to support 42 applicants for Coaching Highland Scholarships - £3000

2010/2011 SUPPORTED COURSES

Course name	Number of people supported	Criteria prior to attending	Funding allocated
Assistant Instructor	5	No minimum age but maturity required Level 2 certificate with one advanced module To be applied for by club running such training	£250
Dinghy Instructor	4	Level 2 powerboat certificate Valid First Aid certificate Pre-entry personal sailing skills assessment Either membership of the RYA or pay admin fee Minimum age – 16	£600

Senior Instructor	2	Safety Boat certificate Dinghy Instructor certificate Valid First Aid certificate Admin fee or RYA membership Minimum age - 18	£400
Advanced Dinghy Instructor	6	Criteria to be clarified	£600
Powerboat Instructor	2	Level 2 powerboat certificate/ safety boat certificate Pre-entry powerboat skills assessment Valid First Aid certificate RYA membership or admin fee Minimum age – 18	£300
Level 2 Racing Coach	1	Level 2 powerboat Valid First Aid Completed CV of racing Attendance at one national championship	£150
Shore-based Instructor	1	Day skipper theory as minimum	£150
First Aid Instructor	1	Valid First Aid certificate RYA instructing qualification	£150
Coaching Highland & Highland Moray Sailing 'Coach the Coaches' Day	20	To have an interest in developing coaching and instructing skills across disciplines	£400

TOTAL SUPPORT ALLOCATED - £3000

TOTAL AVAILABLE - £3000

Jane Campbell Morrison
Development Manager
RYA Scotland
Tel: 0131 317 4610 / 07770 604234
Email: jane.campbellmorrison@ryascotland.org.uk

